

# Eating and Drinking

## Book 5



- Following the song "Are You Hungry?"
- Playtime with The English Picnic
- Outside exploring the garden

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## Following the Song

In this lesson we will focus on food and eating. It is an activity that we do several times a day. It is also a perfect occasion to introduce the English phrases that will soon become natural. This lesson should help you find your English moments easily during the day.

There are many chances for describing the things we use and see around. No flashcards are needed because you communicate in real situations.

„What kind of ice cream do you like?“

„How about chocolate ice cream?“

*Talk and enjoy  
your time  
together.*

I really like the song Are You Hungry from Super Simple Songs that nicely sets up the mood and introduces phrases and words that are used in everyday life situations. Children recall songs often by themselves and it is up to us just to continue with the conversation.

In our video we will provide you with inspiration for simple dialog when having a drink “cheers” or when eating a little snack.

Simply describe what is on the menu. Notice the **colors, numbers or flavors** and enjoy the time together. Eating, drinking and discovering the language with all the senses is the best for easy and natural learning.

TIP: also explore 4 BASIC TASTES: **Sweet, sour, bitter and salty.**

*Are you hungry?  
Are you hungry?  
Yes, I am. Yes, I am.  
Let's eat ...  
(from Super Simple Songs).*

*Tip:.  
Try to remember the song  
when you are really hungry  
- preparing food or waiting  
in the restaurant.*



Are you thirsty? Let's have something to drink. Cheers!



What kind of ice-cream do you like? How about chocolate?



Let me try your banana.  
Hmm, it is good! I like it.



I peel my banana and take a bite. Yummy and sweet!



## Playtime

Let's get ready for the traditional English picnic and make it a nice game. Choose your favorites to eat and drink. For kids it is an exciting activity to prepare such a feast. Colorful cups are great for practicing colors. Name the food and drinks you have in English. Compare sizes or talk about the color of the food. The Eeney Meeney rhyme is great for choosing if necessary. Take a basket and you can make the picnic outside.

*Kids will be so excited not even noticing they speak English.*

## Outside Exploring

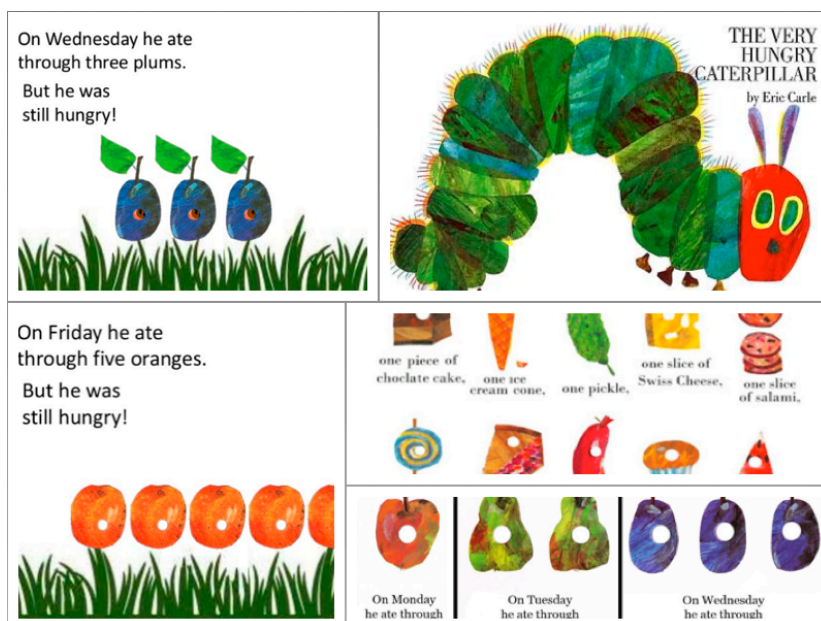
*Join us and enjoy the spirit of natural learning.*

According to studies young children learn better when they are exposed to the new language in different settings. So let's go outside. There is plenty of yummy food in the garden and much more that we can go to explore with English. Talk about raspberries when you eat them and feel how good and sweet they are. It is the most natural way of learning and little children need to hear the English expression just several times and remember it very quickly. Offer vocabulary when the child

looks at something....yes, this is the apple tree.

Enjoy our story when reading together.

## Reading Books



Try this all time favorite book:

The Very Hungry Caterpillar by Eric Carle. Explore food, days of the week and a bateterfly's life cycle.

Book that English parents use to introduce the language too. No textbook can be so interesting.



**NOTES** **Eating And Drinking**

**Are you hungry?**  
**What do you want to eat?**  
**I have apples or pears.**  
**What do you want?**

**Are you thirsty?**  
**Let's have something to drink.**  
**What color cup would you like?**  
**I have green, blue, yellow,...**  
**Which one do you want?**

**Is it good?**  
**Do you like it? Sweet? Yummy?**  
**Let me try. Hmm, good!**

**Do you want more?**  
**Yes, I want more, please.**  
**Take a few more bites!**

**Finished? Let' clean up.**



Would you like some yogurt, cheese, milk, nuts, meat, fish, chicken, eggs, lettuce, tomatoes, pepper, broccoli, pears, watermelon, apple, lemon, grapes, strawberry, carrots, potatoes, pretzels, bread, bagel or perhaps some crackers?

Pick a cup. Would you like milk or juice? How about glass of water (sparkling or still) and the straw? Perhaps water with syrup and ice or colorful sodas?



**GAME** **The English Picnic**

*Outside or inside as a game - having a picnic is a great game where you can enjoy English with all senses. Lets have something to eat and drink!*

*Drinks in colorful cups.*  
**Are you thirsty?**  
**I have a pink cup, orange cup , yellow ...**  
**What color do you want?**  
**I have water, milk, juice, ... here.**  
**What do you want to drink?**  
**Here you go.**  
**Cheers!**

*Enjoy food you like.*  
**We have bread, butter, apples, carrot, ...**  
**Here is your plate.**  
**What do you want to eat?**  
**May I have the knife please?**  
**I want more.**  
**Thank you.**

*Compare sizes.*  
**This one is big and this one is small.**

*If you need to decide try Eeey Meeney Miney Moe or Rock Scissors Paper.*





STORY

## Explore in the Garden



Look, beautiful apples. How many are there? Let's put them in the basket! Red apples, green apples. First, second, third, fourth.



You climb on the tree. Be careful! Plums, look. Shall we try some? Do you like them? What are you eating? I see! Raspberries! Nice and sweet 😊



Hens and a rooster in the garden. I will catch you. Rooster says cock-a-doodle-doo, has a red head and wings.



Eggs from the hen. And here are little chickens. Wait for me. Peek-a-boo.



Black dog eating together with chickens. How many chickens? And they are friends with the dog.