

# Touch Your Nose

*Start with asking:*

**Are you ready? Yes! (Yes, I am! )  
So lets play the touching game!**

*Say and do encourage to repeat:*

**Touch your nose.**

**Touch your head, eyes, ears, knees, toes, ...  
Can you touch your tummy, back?**

*Add some challenge:*

**Can you touch your nose with your toes?  
Can you touch your ear with your knee?  
Can you touch your ear with your shoulder?  
Can you touch your neck with your toes?**

*Switch roles, let your child ask 😊*

**What else, what shall we try? You say.**

*Comment situations:*

**I cannot do that. You can, but I cannot.**

**It hurts? Be careful!**

**Will you help me? Oh, thank you.**

**How many toes do you have?**

*Touch things around you:*

**Touch the window. Touch something blue.**

